

# September 2022

## OakHaven Montessori School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
<b>Labor Day</b> <b>SCHOOL CLOSED</b>	<b>First Day of School</b> Vanilla Protein Pancakes Bacon Strawberries & Bananas	Chicken Quesadillas Sweet Corn Sweet Peppers	Ham Steak Quinoa Honey Glazed Carrots	Maple Cinnamon Oatmeal Sausage Links Oranges Slices
12	13	14	15	16
Chicken and Cheese Fajita Roll Ups Diced Avocados Raspberries & Blueberries	Chicken Nuggets Sweet Potato Fries Tomatoes and Cucumbers	Mini Burgers French Fries Watermelon	French Toast Bacon Peaches & Blackberries	Sliced Polska Kielbasa Sausage Asparagus Roasted Potatoes
19	20	21	22	23
Fried Baloney Sandwich Pretzels Honey Dew Melon & Cantaloupe	Mini Pulled Pork Sandwiches Potato Chips Grilled Zucchini & Squash	Steak, Egg and Cheese Burritos Diced Avocados Strawberries	Cinnamon Protein Waffles Sausage Patties Orange Slices	Pumpkin Oatmeal Bars Sausage Links Bananas & Blackberries
26	27	28	29	30
Mini Turkey Sliders Bacon Brussel Sprouts Sweet Corn	Meatball Biscuit Casserole Parmesan Cauliflower Peas	Chicken Tzatziki Wraps Homemade Pita Chips Homemade Hummus	Cheesy Scrambled Eggs Cinnamon Toast Pineapple & Mangos	BBQ Chicken Au Gratin Potatoes Asparagus